

YOUR VILLAGE VOICE

is produced monthly by the editorial board of the Violet Town Action Group.

Coordinator: Terry Frewin ph. 5790 8635

Please Note that opinions expressed in articles & letters etc. in the Village Voice are not necessarily those of the editorial board & VTAG.

Articles to be in the box at Delahey's Supermarket by the 20th of each month, or may be posted to R.M.B. 3061, Violet Town 3669, OR emailed to Terry at 2frews@mcmmedia.com.au. If the 20th falls on a Sunday, then there will be a final pick up from the boxes on the following Monday.

PLEASE NOTE ALL TRADING POST & COMMUNITY GROUP ADS ARE FREE OF CHARGE

Business Advertisement Rates

\$20 half page

\$10 1/4 page

Full page ads only if space allows \$40

For people outside the mail delivery area, it is possible to subscribe to the Village Voice. Cost is \$6.50 per year. Please send name, address & \$6.50 to the
Violet Town Action Group,
C/- RMB 3061, Violet Town 3669.

TIP OPENING HOURS

Saturday, Tuesday & Friday 8.30am to 12 noon

Wednesday & Thursday 1.00pm to 4.00pm

Sunday 10.00am to 3.00pm

MARKET COORDINATOR: Chris Coles 0416 233 584

CREDIT UNION OPENING HOURS: Phone 5798 1761

Tuesday 9.30 am to 1.30 pm

Friday 12.30pm to 5.00pm

HREP PROJECT WORKER: Robin Landvogt 57981 335

COMMUNITY HOUSE: 5798 1288 (other times leave message)

Monday 1-5; Tuesday 10-5; Wednesday 10-1 (emergency contact 0417 166 824)

what's on in October

- 2 Seed Savers meet
- 3 Red Cross meets
- 3 Probus meets
- 4 Tennis coaching begins
- 5 VTAG meets
- 6 Senior Citizens meet
- 8 C'wealth Games program launch
- 8 Market Day—Steam Train market
- 10 Pudding Stirrers
- 11 Pudding Stirrers
- 16 HREP working bee
- 17 Pudding Stirrers
- 18 Pudding Stirrers
- 24 Pap Clinic
- 24 70's + luncheon
- 25 70's + luncheon
- 27 VTBC Ladies Auxiliary meet
- 30 Iris Show

date grabbers

- 3 Nov—Stroke Support Group
- 12 Nov—Local History Day
- 20th Nov—Warming up for the Games
- 26 Nov—Council Elections
- 28 - 70's + Christmas lunch

Violet Town Village Voice

October 2005

Postage Paid

“Priceless”

No. 286

You are invited to
The Official Launch
of the

Shire of Strathbogie Commonwealth Game Program
and announcement of Public Art
to commemorate the
Melbourne 2006 Commonwealth Games



Saturday 8 October
At 11.00 am

by the Hon. Robert Mitchell MLC
Member for Central Highlands Province
at the Violet Town Recreation Reserve (Market Day)

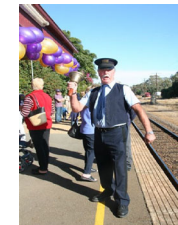
Followed by a light lunch

RSVP Julie Blyth 5794 2599



!! REMINDER !!
Violet Town Garden Club
Iris Show

Sunday 30 October



Saturday 8 October
Open until 2.00
pm!

**Bookings
Enquiries
0429 832 095
5787 2064**



The Village Voice is printed on 100% recycled paper and is collated and folded each month by the Violet Town Bush Nursing Centre Day Care clients.

HREP REPORT

Another very busy month as the time till the end of the grants approaches far too rapidly and there is much planting to be done.

We have planted out 3 large areas along Hurt Street. These have been planted with low understorey plants grown locally by Hand Picked Plants and the Arboretum in Euroa. We are fortunate to have these 2 nurseries locally. Work is continuing on 13 more seats to go in the reserve along the track. The sites for these and the 6 signs have been pegged and labelled. Have a look as you are walking along the track, if you think we've got it wrong please let us know soon. The track is to be widened at some of the sites to keep a weed free site for the seats.

Hopefully by the time you read this the track will also be extended with linkages now to Crocus St under the railway bridge and back to the Tulip St bitumen.

We are still waiting to hear from the grant application for a footbridge down near the railway line. We keep our fingers crossed that this will happen soon.

The posts are in the ground in the market site for 2 new shade areas. A slightly raised stage is being built under the area on the corner for performances.

The pod sculpture is in the split in the track near Agar St. This planting and matting was started by the Shepparton TAFE students. Thanks to those students.

Look out for the other sculptures they are nearing completion.

PLANTING!!!!

We desperately need your help. We are planning to plant out the area behind the Bowling green and areas along the track and creek. This is a big job so if you can give us a hand it would be great.

NEXT WORKING BEE Sunday 16th OCT.

9.30am to 1pm. BBQ supplied for all workers. Meet behind the Bowling Club.

Keep an eye out for signs around town for more planting days as we must get the plants in before the summer dry. If you can't help on the weekends there are always jobs that can be done at other times. It is a very pleasant area to work in.

Phone Robin Landvogt 57981335 for more information or just turn up.

Happy Walking! But please keep those dogs under control, we still don't like walking in those dog turds!!!!

Robin Landvogt, HREP Project Worker

TIDY TOWNS AWARDS

Violet Town won 2 awards at the recent Tidy Towns regional awards presentation for the North East. We won the Protection of the Environment Award for a town of our size & then went on to win the overall Protection of the Environment award for the North East, and is a finalist in the State Awards. Well done to the HREP Project & especially the wider community who have supported the project. The Tidy Town judges from Melbourne were very impressed with VT!! Thanks also to Carol Hart who represented the HREP Project at the awards ceremony in Benalla.

Community Hamburger Stall At the market

After many, many years, (does anyone one know how long ago the scout BBQ began at the market?) it appears as though the stall is to close. The Tennis Club and the Uniting Church have been running it for the last few years. With falling takings and I guess a tired format and lots of competition these two groups have decided not to continue.

Is there another organization willing to take it over?

If not, what do we do with the trailer? Any suggestions? Who will look after it? Maintain it? It is a community asset and could be good for working bees, clearing sales, catering jobs????? Please contact Jo Beavis 57981712 or Robin Landvogt 57981335 if you are interested or have a suggestion.

Village Voice Trading Post

Use this page to post your FREE ad

FOR SALE

3 door 1998 Toyota Rav 4, dk green, 5 speed, a/c, 90% tyres, rego to 27/4/06, RWC, Reg No. OWP 904, exc cond, \$10800 ono. Phone 0418 576 616

Jason lazy Boy rocker recliner, silver / grey velour, exc. cond, \$100. Ph: 0418 576 616

14.2 HH, 10 yr old Australian riding pony, lovely movement, great to catch & shoe, needs confident rider, \$1600. Ph 5798 1825

Childs 1/4 size violin, exc. cond, comes with case & bow, \$125. Ph 5798 1825.

Child's bunk, satin chrome, desk underneath, comes with mattress & chair, AS NEW, paid \$620, sell \$420. Ph 5798 1825.

Simpson medium size chest freezer, good cond, inspection invited, \$180. 5798 1376

New carved wood veneer front entrance door, \$55;
Exercise machine (Rower), exc cond, \$28;
Set Henselite bowls 540-XT, size 4, heavy weight, 'Masters Deluxe', dimple grip, as new cond, also burgundy leather bowls bag Henselite H220;

Set hair rollers (Carmen) electric hot rollers with carry bag & instruction book, \$20
For all above please phone 5798 1433.

Shower screen, size to fit shower base 880 x 900, two sliding front doors, side panel cracked, \$25. 5798 1273.

Wrought iron & timber frame futon couch/bed complete with navy mattress (brand new still in plastic cover), \$150 ono;
Dark stained chest of drawers, \$30.
Ph 5798 1732

Everhot Deluxe 204, slow combustion stove, perfect condition, hardly used, flue included, \$700 ono. 0409 511 897

POULTRY—Ancona, Barbu d'Veckle, silver grey Dorking, Indian Game, Light Sussex, Chinese Geese. 0438 240 122.

1985 Nissan 720 twin cab, dual fuel, tow bar, bull bar, 11 mths rego, \$1999. 5798 1617 / 0425 855 250

G.E. bar fridge, ex cond, \$165;
2 Jason recliners, \$150 each;
1-3 seater couch, \$50;
61cm Sharp TV, \$150;
Grey TV cabinet, \$85
White hexagon kitchen setting (4), \$80
Phone for all above 5798 1485

1998 Windsor Little Shuttle Poptop Caravan, 14', island double bed with inner spring mattress, 3 way fridge (gas, electric, 12 volt), electric brakes & controller, microwave & grill, rollout awning, heavy duty wheels & light truck tyres, front boot storage, low tow height & weight ideal for small car, one owner, exc cond, full height wardrobes, many extras, towel rails, built in cupboards, TV aerial etc. \$17,500.
Phone 5798 1273

GARAGE SALE

9 Orchid Street, Violet Town
Saturday 8 October
from 8.30am

Furniture (incl. antique), china, baby clothes & pram, gardening & bric a brac

YARD SALE

69 Hurt Street, Violet Town
Saturday 8 & Sunday 9 October

Kitchen setting, 3 seater couch, single beds / bunks with mattresses & elect. blankets, plenty EC womens clothing, sizes 14—24, Various size / type Manchester all washed & ironed for sale, many books & bric a brac.

Violet Town Seed Savers and Permaculture Group

Last meeting began with David showing everyone a set of cards incorporating the twelve Permaculture principles - with graphics, images and proverbs to illustrate each one. Chris then gave us an outline of her ideas for the property and we looked at aerial & contour maps and discussed house sites. Simon gave a brief talk about the production of alternative fuel from plant matter, which will be trialled on Chris' place by an interested group.

We then took a walk through the property alongside the gully. A stiff breeze was felt after leaving the shelter of the old home site, so when we reached the next sheltered spot, this was voted a great home, garden & orchard site. It also had the benefit of being the only north facing slope, plus being sheltered from southerly & westerly winds, plus having good visuals over most of the arable area. Thanks to Chris for showing us this beautiful piece of land.

Next meeting will be held at Dave and Annabelle's property in Violet Town - Sunday 2 October at 1.30pm (ph. 5798 1679). This day will be about the art of dowsing. We are fortunate to have Mr Fred Ward from the Victorian Dowsing Society visiting us. Fred will talk about dowsing and its applications, give demonstrations, and then there will be time for some 'hands on' instruction. There will also be some equipment for purchase if required eg. pendulums, rods, books etc.

Most people think of water divining when dowsing is mentioned, but as you will hear from Fred, there are many more applications where this skill can be used. Some I know of are - sexing eggs before setting, checking on foods for suitability & seed viability. I once saw a demonstration by a chap who could dowse a

handful of soil and his readings were accurate cf. with soil testing results by scientific methods, he could also determine contaminants in soil, most interesting. There will be a small charge of \$4 for this day to cover Fred's costs.

Advance notice - Our November meeting will be held at Virginia & Noel's new home in Violet Town and will be a seedling swap, so if you're growing plants for your own summer garden pot up a few extras to bring along on this day. We'll also have a look at isolating varieties of tomatoes, capsicums, eggplant etc for pure seed production.

Our meetings are open to any interested person, so please feel free to come along. A phone number for the host family is always included so directions can be obtained.

Franz Kloft

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FREE QUOTES**

Council Election 26th November



Council elections will be held on 26th November 2005. Nominations for candidates open on 20th October and close on 25th October at 4.00pm. All voting is by postal vote and Ballot packs will be mailed out on 8th - 10th November and must be returned by Friday 25th November.

The Local Government Act was amended in 2003 to include new pre-election caretaker arrangements for all Victorian Councils during an election period. This commences on 30th September. These arrangements address communication issues such as through media relations, promotion and publications.

Councillors are not permitted to distribute press releases or communications as it may be construed as electoral material and may affect voting. However, councillors, like other candidates, are permitted to print their own media releases provided it is independent of council resources, letterhead and branding, and clear that the views expressed are those of the candidate.

Hall Committee Report

The 30 new chairs for the Hall have arrived and are a big improvement in the supper room. Thanks to the Federal Government Small Volunteers grant.

We have applied to the Shire for a Community Grant for badly needed painting to the outside of the Community Complex. This would be a huge improvement to the facade. It has been badly neglected for many years.

Here's hoping!

Disabled rails have been installed to the door to the supper room and in early October the Community Felting Project will be permanently hung in the Hall.

Thanks to everyone who continues to use and support the complex.

VTAG Hall Committee

The University of Melbourne

Department of History & Philosophy of Science

An Invitation to participate in the making of A history of the Goulburn Valley as a man- made rural environment - FIELD DAY

Are you interested in local and environmental history? Has your family been in the Goulburn Valley a long time? Was your farm a selection or a soldier's settler's block? Do you have rainfall records that go back a long way? Do you have farm diaries or records of yields from year to year? Do you have photographs of work on the farm? What's your family's story of working the land in the Goulburn Valley? What can your family's story tell us about environmental change?

Professor Janet McCalman, Ass Prof. Don Garden and PhD students will be in Violet Town Saturday 12th November (Market Day) at the Community Complex from 11am till 4pm.

They want to hear your story. Bring in any records you may have, or just come and meet the team.

We are compiling a history of the Goulburn Valley as a man-made rural environment, and we are seeking the assistance of local people who are, or have been involved in any form of agriculture in the Goulburn Valley. We wish to approach this history of the making of the Goulburn Valley **from the ground up**, beginning from farms and properties, using families' own records and recollections in combination with Lands Department records in the Public Records Office, as well as local archives and newspapers. We are seeking people with historical material such as rainfall records on their land, records of drought years and bumper years, yields from season to season, prices, changed practices and crops, farm diaries and of course photographs and personal recollections.

For more info. phone Robin Landvogt at the Melb. Uni Office in Shepparton 58236600

Violet Town Market News

Are you scared of lightening because I sure am! So you would have to ask the question what were a whole lot of people doing out doors very early one Saturday morning during a pretty impressive display of lightening and a whole lot of ear blocking crashes of thunder. The answer of course is that they were waiting and hoping that the weather would clear so they could set up for the September Violet town market.

As one of our locals put it to me it was a 'miracle market', by just after 8am the storms were clearly easing and a scurry to set up stalls took place for a timely 8.30am start. The miracle completed itself with the rain, thunder and lightening staying elsewhere for the entire time the market ran and returning with vengeance about 1 hour after finish time, enough time for most people to be packed up and gone home.

It is no wonder lots of people want to spend time at our market because we have been having such an interesting array of stalls to look at and buy from. For example we have stalls that sell concrete garden statues but we now have a stall that has specialized in painting them in most creative ways- they look great.

Also in the new stall department we have Quentin with his Café cookies, a delectable array of home baked biscuits of fabulous variety, tastings are to be had so it's try before you buy. They will be next to the Spring Roll stall in the pool garden again in October.

Also on offer is the most delicious selection of cherry based wine, sweet and dry varieties are available for tasting. Marion also sells chilli cherries and olive products. She is in the pool garden opposite the outside double gates. She

grows the cherries and olives herself and turns them into wines and preserved cherries and olives locally.

In the clothing line we had one bright new stall called Funky Chunky Kids clothing. Donna who runs this stall makes clothing out of chenille fabric, it is definitely handmade homemade and the clothes are great and regardless of the name they sell adults sizes too. Check it out on their site just along from the music site in September.

Allan Wright who is a part of the great dance music band Zydeco Jump is now playing and singing for us in the pool garden. He is also selling CD's from other Australian artists who have produced their CD's independently of big record companies.

Now a brief mention of things to come. October will bring another steam train market with its hours extended until 2pm. The train will arrive in VT at its usual time of 11am. It will drop its VT passengers and pick up anybody interested in a journey to Benalla and back. Tickets for this leg of the journey will be available from the station for an hour prior to the journey.

Also in October we will see a convoy of Vintage Cars arrive at around 9.30am. They will enter the market site at the footy end and park on the oval during the market ready for you to take a closer look. The cars will be travelling over from Shepparton for the market and will stay in town until about 3pm.

Both these events will we hope add some extra interest and zest to the market.

Well that's it again for this month. Thanks for reading this and see you at the market.

Chris (coordinator) 0416233584

RAINFALL TOTALS—VIOLET TOWN (to 20th to fit with publishing dates)

August	September		
21 0.5	1 1	10 2	
22 3	5 9	11 0.5	
31 26	6 13	12 0.5	
August Total 97 mls	7 2	18-208	
		Total to 20th Sept. 36mls	

Avoid the Mess - call Quik Skips

3 metre mini skips

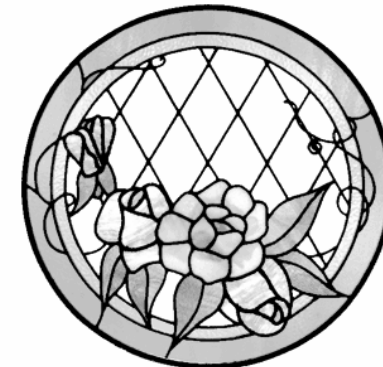
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Phone 5798 1464

Roy's Violet Town Hobby Jewellers & Cleaning Service

Complete new range of rings pendants, earrings, chains & charms. I can cast anything in sterling or bright silver & I mean anything.

Bright silver is a new patented brilliant silver that hardly ever tarnishes. I use Australian products that are top quality & I have an extensive 'cattledog' for you to look at!

Phone 0400 684 220

Senior Citizens Briefs

An outing for Tues 11 October has been cancelled due to unforeseen circumstances; we may be able to arrange another from those present at the meeting.

Indoor Bowls—players are still joining & more mat space is required. John K has the chance to help in this regard. Perhaps some of the players could join our club, subs are only \$7 at present. A few minutes of time required to discuss business on the first Thursday at 2pm in the supper room.

The venue & type of activity for our Christmas function will be discussed at the October 6 meeting—do come & give us your thoughts.

Laurie Connors,
Facilitator



VIOLET TOWN TENNIS CLUB

With the end of the footy season upon us racquets around the district are being dusted off in preparation for the start of tennis.

If you are feeling like a hit come down to the courts on Thursday evenings from 5pm. And those who would like to be part of regular Saturday comp can try out as well - we have two teams in the Benalla and District Competition .

And tennis players and non-tennis players alike would be well-advised to look out for tickets in the upcoming Tennis Club grog raffle - it's a corker!

Tracey Ellis has again organised coaching for those who would like to participate.

Junior Tennis Coaching with Danny Cahill

Will commence the first Tuesday in 4th Term, 4th of October.

Adults are also welcome in one on one lessons or group lessons.

Juniors group lessons or one on one by arrangement.

Contact Tracey Ellis 57981429 for more information and to book your place

For any further information about Violet Town Tennis please contact Peter Landvogt 57981335, Sue Piper 57981200 or Val Machin at the Hardware Store

WORK WANTED

Slashing, grading, rotary hoeing, general garden maintenance, labouring.

All equipment supplied

Phone Daniel 5798 1525

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Services

CALL IN FOR
FREE QUOTES

Hume Corridor Community Outreach
Health Service

PAP CLINIC

Female Doctor available to do Pap test

WHERE: Hume Corridor Community
Outreach Health Service

WHEN: Monday 24th October 2005

TIME: 11.30- 1.30

COST: Clients Bulk Billed – Please
bring Medicare card to appointment

FREE TRANSPORT—Transport available if
required

BOOKING ESSENTIAL

For appointment phone or call into Hume
Corridor Community Outreach Health
Service - Cowslip Street Violet Town.
Phone: 5736 6366 between 9am-5pm

Supported by—Hume Corridor Community
Outreach Health Service, PapScreen Victoria,
Victorian Cytology & Dr. Caroline Hawkins

VTBNC Ladies Auxiliary

Sat. 8 October will be a General Goods Stall
at the VT Market. Home baked goodies,
vegies etc

Don't forget to purchase a ticket for the hand
worked wildflower quilt/wall hanging, double
bed size & generously donated to us by the
Strathbogie 'Material Girls'.

Members will meet at the Nursing Centre on
Thurs. 27 October at 1.30pm. (We recently
welcomed 2 male members to the Auxiliary)

YOUR LOCAL ELECTRICIAN

Reg. No. 16292

Dennis Paton
Violet Town
Ph: 5798 1823

Rosen Method Bodywork with Vicki Jones

(Practitioner and Teacher in training)

Free Information Evening

Wednesday 19 October, 7 - 10pm

Two Day Workshop

Sat 22nd & Sun 23rd October
9.30am—4.00pm

Cost \$180, \$160 if paid before 7th Oct.

To bring: lunch, sheet, rug, pillow
& wear comfortable clothing
Let Penny / Elizabeth know if you are
able to bring a massage table

8 Day Intensive with Gloria Hessel- lund (Senior Teacher) U.S.A. and Vicki Jones

19th - 26th November, 2005
Parish Perfumery, Violet Town

*"This work is about transformation - from
the person we think we are to the person
we really are"- Marion Rosen,
founder of Rosen Method Bodywork.*

It will be of special interest to those who
are currently doing massage, or other
health professionals. It is also intended
to benefit those people from all walks of
life who want relief from stress, greater
physical and emotional aliveness and
more access to self-acceptance.

For enquiries contact Penny Long at
pmlong@algonet.se or Elizabeth Long at
5790 8622 or email

ejlong@mcmmedia.com.au
For registration / payments: Sally Hillman
576244 476

email: aphpastoral@bigpond.com

www.rosenmethod.com.au
Rosen Method P/L ABN 45 089 507 862

Best lil' Op Shop in the North East

Some desperate types may call it that & have used your op shop to further their bank roll.

I've heard of some very low people during my lifetime but this one would make 10 out of 10. Yes it's the breaking in & stealing the float we use & our favourite charity collection tin 'Kids with Cancer'. On a more cheerful note perhaps out of evil comes good.

A very wonderful couple have kick started our cause & donated \$100, they wish to remain anonymous. We have also received about \$30 in donations plus our collection tin is working overtime & we feel the \$300 will soon be reached.

Myself & the shop volunteers have decided that all of next month's takings plus the collection tin will be donated to the Children's Cancer ward.

Your op shop has donated \$500 to after school care for a TV purchase; \$200 for felt to the feltmakers; \$163 for sporting equipment to the Community House and \$8 for prize money for last year's Stick Horse Race & \$100 worth of tickets in the Ely Harrison raffle.

I forgot to mention our new volunteer John who works hard every Friday. Great to have another male volunteer as well as Brian who comes all the way from Shepparton each week.

Our \$1 shop looks great after Julie & John Ryan spent last Saturday doing a terrific job cleaning it up, I think we have used up all our long service leave.

Great to have guys like Stan Herron & Michael McLaughlin in our community. Stan offered to mend the door after the break in & Michael forged an iron bar for the door, place looks like Fort Knox!

WE NEED BRIC A BRAC! Each market day leaves our shelves a little barer, so please go through those no longer wanted treasures. Also please don't leave donations outside the shop—if breakable they can be dropped to my place & if not please place in red bin next to the shop.

Violet Town Hairdresser Jo Beavis

Shop hours in Cowslip Street, Violet Town are:

Wednesdays 9 am – 5.30 pm

Thursdays 1 pm – late

Fridays 9 am – 5.30 pm

I am mobile on Mondays for clients who are unable to come to the shop.

Arrangements can be made for weddings or special occasions on Saturdays.

You can contact Jo on 5798 1712 (AH)
& 5798 1427 (BH)

Violet Town Walking Group

Our group had a very pleasant day out at Dorset Hill with Rod & dawn on the fourth Saturday in August. We had a good crowd, a lovely day & arrived in time for a morning cup of soup, followed by a BBQ lunch after which our walk took us to a private lake with a variety of bird life about. After the walk we arrived back for a chat & afternoon tea which we all appreciated. Many thanks to Dawn & Rod for their hospitality.

Next walk will be after a BBQ at Jevan & Jean's home in Tulip Street, followed by a walk along the new walking track & surrounds. Inquiries Dot Rae 5798 1338.

Would the person who entered my house & stole my wallet containing drivers license, Medibank Card, Pension Card, money etc please return the wallet. It is a brown oblong shape, covered with crocodile leather & has sentimental value.

Josephine Ellis,
2 Rose Street, Violet Town

VIOLET TOWN HOTEL

51 Cowslip St, Violet Town Ph: 5798 1344

FUEL BONANZA!!!!

****Spend \$30 in The Honeysuckle Dining Room and receive 4 cents per litre off your fuel bill at The Violet Town Garage****

OCTOBER EVENTS!!

Friday, 14th - ELVIS PRESLEY & ROY ORBISON TRIBUTE SHOW!!!

2 course meal and show - only \$30 per head

BOOK EARLY TO AVOID DISAPPOINTMENT!!

NOVEMBER EVENTS!!

Tuesday, 1st - MELBOURNE CUP DAY

Live on the BIG SCREEN, sweeps and prizes to be won!!

Chicken & Champagne Lunch - \$10 per person.

Great Value, Great Day, Be here to win BIG!!!

Violet Town Hotel has the cheapest VB in town!!! Everyday prices.....6 Packs only

\$9.99, Slabs only \$37.95 **October specials are.....**Carlton Cold Slabs - \$35.99

Jim Beam 6 pks - \$16.99 UDL 6 pks - \$12.99 Seaview Sparkling - \$6.99

Violet Town Hotel promotes responsible service of alcohol.

Monster Garage Sale and Market Stalls

Sunday 2nd October

9.00am start

'Sunnyside' RMB 3074, Bonnie Doon Rd

Vic Roads Map 47 F6

Numerous stallholders and outside vendors will be in attendance including SALE PRICE POSTIE FASHIONS & Lorraine Lee Linen, Plants, Jewellery etc

Stallholder fee \$5 donation to the Fire Brigade

Light luncheon & Devonshire teas available at the restaurant

Goods include: gas heaters (3), bathroom basins & cabinet, shower recess, cast iron bath, Nelson Field Silo, Massey Ferguson Hay Lifter, Deutcher Mower, Datsun ute, International B414 Diesel Tractor (no ROPS), rear mounted bucket, jib, carryall & slasher, old Nuffield tractor, single beds, suitcases, LPG gas tank, mower, Westinghouse fridge, Samsung twin tub washing machine, chainsaw, BBQs, treated & untreated pine posts, sleepers asstd lengths, sizes, orders taken, and much more

Contact Olga Walker 5790 8510 or Irene Jones 5790 8502 for more information

GEOFF HOLFORD BUILDER - CARPENTER

Builder's registration No. dB-U5552

Member H.I.A. 511496

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- ◆ Extensions
- ◆ Renovations
- ◆ Garden Features
- ◆ Walkways, Gateway Arches
- ◆ Pergolas & Rotundas

Strathbogie Shire Community Services Violet Town 70's Plus

Lunch at the supper room on Monday 24 & Tuesday 25 October. 11am for a cuppa or 11.30 for a 3 course meal. Cost \$5.50. RSVP by Tuesday 18 October to Pam 5798 1368 or the 'purple' book at Delaheys.

Only one day for our Christmas lunch on Monday 28 November—hasn't the year flown!!!

Thank you to all volunteers & VT school students for their help at the lunch days. Open for aged 70 & over, any age volunteer, disability or carer are welcome to join us.

Violet Town Pudding Stirrers

Don't forget the dates, October 10 & 11, and 17 & 18, for when we commence the making of the puddings. More volunteers are needed for the mornings work to help mix the puddings & to tie them into the cloths—at the

Community Centre kitchen. Please contact the school, kindergarten or Dot Rae 5798 1338.

Still Some Honest People in the Country!!

A chap went along to a (deceased estate) clearing sale in a small country town. He paid \$1 for a pouf (foot rest cushion).

That night he lay back, feet on foot cushion. He thought it needed a bit more filling. To his surprise after opening the zip, the cushion was packed with \$50 notes. This honest man took it straight to the family of the old couple & told them the contents of his \$1 cushion belonged to them.

A most grateful family indeed, as that money was meant to be used for funeral expenses and not supposed to be with goods for sale. How lucky it was that an honest man handed the foot rest cushion back to the family of the old couple—a good deed much appreciated.

(A True Story—submitted by a reader)

Stroke Support Group

The Hume Corridor Community Outreach Health Service is starting a new support group for stroke patients, their carers, family and friends

Why should I attend???

Our support group provides practical skills, & is an opportunity for you to share information with other families about living with stroke.

Venue: Hume Corridor Community Outreach Health Service

Date: Thursday 3rd November

Time: 10am

**Contact: Diana Chomley
5736 6366 for further details**

Walking Group Walk and Talk

Do you want to exercise but think it will be too hard? Or maybe you just don't like walking alone.

We'll come and join with others and walk and talk at your own pace. We have fast groups for those energetic people and slow groups for those people getting back into the swing of things!

You can walk with your little ones with a pram or pusher, bring your relatives or friends and of course your k9 friends are welcome on a lead. After the walk, stop for a cuppa and a chat and the option of having your blood pressure taken.

Our walking group meets at the new Community Health Service at the front of the Bush Nursing Centre in Rose Street.

Come along for the Social event and at the same time improve your fitness level.

We hope to see you there.

We met on Tuesdays at 9.30 am, and transport to the venue can be arranged.

For further information contact Lisa on 5736 6366

Parish Perfumery

35 Primrose St Violet Town
Ph/fax: 57981381

presents

October Winter Women's Dance Workshops

Four Tuesday Nights in
October, 7.30—9 p.m.

Dance by firelight, create expressive dance sequences with other women
phone Helen for details.

Tuesday the first of November Cup day luncheon 12 - 4 p.m. With live music to be announced

come dressed in your Cup Day finery!
Tickets \$35—BYO alcohol
**need to be booked prior to
24th October*

STOP PRESS!

Market Weekend in November

Wu Tao Dance Workshops

with Rick Harrison

Saturday 12th 2 - 3.30

for kids aged 10-ish and up; \$10 ea

Sunday the 13th 9.30 -12.30pm

Adults \$30, \$20 Conc,

Bring a plate

for a shared lunch afterwards.

December please think of us
when organising your
Xmas Party

January Saturday 7th

Women's Dance Day,

Including Wu Tao and African
Dance Workshops

Places limited so book early.

January Sat 14th & Sun 15th JoJo Smith Singing Sleepover

for young people ages 14-18 years.

Phone Helen for details

Son of Epicurious

Those of you who are or have been shoppers at the Victoria Market will be pleased to hear that the 'Christmas Shopping trip' by community bus is to be reinstated. (On Friday December 2nd 2005. Ring Linda at the Bush Nursing Center for information on bookings) Those of you who are not regulars might like to 'give it a go' because I'm sure you will enjoy the trip.

There are some 800 stalls, a large proportion of which are fabrics or furnishings, but plenty of fascinating food is available. Many of the stalls are only open part time, usually on Fridays, which fits in nicely with the date of our bus trip,

If you are feeling a bit 'down', one of the best ways of giving yourself a 'lift' is to wander about the Victoria market admiring stacks of purple aubergines, sacks of chestnuts, sausages from Italy, Poland and Asia, shining tuna and salmon, racks of lamb and oxtails – all these things lift the soul.

Son of Epicurious' family have been shopping at the 'Vic Market' for 35 years and in that time, like many regulars, we have accumulated a battery of our favourite stalls. If you have not been to the market before, you might like to use the list as a basis for your own favourites, and if you are a market regular, see how our list compares with your own.

Note, stalls are numbered, and sometimes named, but you may find it difficult to read the numbers.

Stall no.	Name	Comment
DELI SECTION		
5-6	Polish Deli	Wide variety sausages and smallgoods
7-8	Jims Deli	Eels, Bacalau (salt cod), Sausages
17-18	Bills Farm	Excellent selection of cheeses, salamis and pates. Incomparable .dolmades (stuffed vine leaves)
66-68	Bread, dry goods and dried fruit. Also	

the only place I know where ground chicory is sometimes available.

85 Poultry including boiler fowls and rabbits [farmed and wild] sometimes.

MEAT AND FISH SECTION

6 Paulets selected meats (Offal)

48 Pork spare ribs, schnitzel pork products and sausage casings, sometimes .cotechino (a very special sausage)

39 Pettigrews meats White veal

?? Happy tuna seafoods

30 Prossers seafood stall . Both whole and filleted fish and shellfish.

There are one or two shops in the vicinity of the market which are worth knowing about, notably Minh Phat, across Therry St, from the Vic market- Asian delicatessen, herbs and spices.

The Barkly Square shopping centre [off the first block of Sydney road]– This is a centre with an extensive collection of fast food in the food hall which forms an effective take-off point before starting the return trip to Violet Town (The Turkish pide is especially recommended)

Further north on Sydney road there are more goodies at the Mediterranean Wholesalers (Don't worry, they sell retail as well) mainly Italian (I'll bet you didn't know there were so many different sorts of pasta) Merry Christmas Shopping!

Barrie Mather

Dinner with Race Matthews

Monday October 3rd

6.30pm for 7pm start

Violet Town Hotel

Cowslip St Violet Town

\$25 includes 2 course dinner

Organised by Benalla Branch of the ALP
RSVP Keith 57624086

Spring Clean Your Soul and Lighten up for Summer with YOGA

Yoga is the simple act of giving to yourself. A gift way beyond the material, it is the gift of self-love and respect. Yoga is adaptable for all ages, levels of fitness and body shapes. It is not a religion and certainly not the latest craze, it has been practiced for thousands of years all over the world, its origins stemming from India. Essentially, it is a combination of postures, breathing techniques, and meditation that create a holistic path to enhancing physical, mental and spiritual well-being. Regular practice creates a spaciousness and suppleness in both body and mind. A body free from tension and a mind free from stress allows us to experience a deeper level of existence and gain access to our true essential being, our spirit. I am a local lass, Wren (Becky) Mclean, and have been an absolute yogaholic for the last 10 years. I am currently living on the Sunshine Coast in Qld where I have spent the last 2 years studying to be a teacher of Radiant Light Yoga.

This form of yoga draws directly from authentic roots and flows through a varying, trance-like sequence alternating between dynamic and subtle. It focuses on expansion of the heart of both teacher and student, creating an atmosphere of compassion and trust.

It increases our awareness of the energy generated through the practice available for self healing and aims to create a safe space where transformation can blossom.

Radiant light Yoga teaches asana with proper alignment and precautions but modifies the pose to the person so we are able to find our individual pose that suits our individual body. I am so passionate about spreading the joy of yoga, this passion stems from knowing how

much it has benefited me in every way. I want everyone to have access to this incredible tool. I became drawn to yoga for the physical aspects it offered me to help heal a back injury.

From there, dimensions of possibilities have opened to me in the more subtle realms of spirit. Dependent on interest, I am hoping to offer 'Spring Clean Your Soul' mid-week yoga at the Perfumery during November and December. It will be delivered in a format that suits the interest of people ie; classes or intensive.

Please call Helen at the Perfumery on 57 981 381 or Wren on 0428 921 007 or email red-backcheck@yahoo.com.au to ensure course goes ahead.

Cost will be \$10 per 1.5 hr class for the entire course or \$12 per casual class.

Violet Town Red Cross

The Annual Conference of Red Cross will be held here on 20 Sept.



We expect a large crowd for morning tea, lunch & afternoon tea, we will be very busy in the Community Centre.

Next meeting Monday 3 October, new members always welcome.

Violet Town Stationers

A new seat has been positioned at the far end of the platform for locals to use while waiting for the train. We received permission from the manager of our line to install a seat, & with a donation of \$500 from the op shop we went ahead.

Many thanks to the op shop for their help, also to the local engineering works who made the seat & the Lions Club men who cemented it in. The Lions have also donated the covering for the roof & sides for protection during inclement weather.

We appreciate all who helped with the seat & also Alf & Geoff for repairing the damage to the wall under the signal box.

We value our lovely station.